

Diabetes-Related Websites¹

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Managing diabetes includes learning about your disease, making positive lifestyle choices, and being a partner with your health care team. The Internet has become a major source of health information. However, finding **current** and **reliable** health information is critical to making choices that support health and avoiding potentially harmful products and practices. In general, government (.gov), educational (.edu) and recognized professional organizations (.org) websites provide reliable information. This fact sheet provides a list of recommended websites you can use to increase your knowledge, better communicate with your health care team, and make important lifestyle choices that allow you to live well with diabetes and reduce your long-term health risks.

Government

MedLine Plus/National Library of Medicine
and National Institutes of Health
<http://www.nlm.nih.gov/medlineplus/diabetes.html>

National Center for Chronic Disease
Prevention and Health Promotion
<http://www.cdc.gov/Diabetes/consumer/index.html>

National Diabetes Education Program
<http://www.ndep.nih.gov>

National Institute of Diabetes and Digestive
and Kidney Diseases
<http://www2.niddk.nih.gov/>

U.S. Department of Veterans Affairs –
Diabetes Program
<http://www1.va.gov/diabetes/>

Professional Associations

American Association of Clinical
Endocrinologists
<http://www.aace.com/>

American Association of Diabetes Educators
<http://www.diabeteseducator.gov>

American Diabetes Association
<http://www.diabetes.org>

The American Dietetic Association
<http://www.eatright.org>

Diabetes Research Organizations

Joslin Diabetes Center
<http://www.joslin.harvard.edu/>

Juvenile Diabetes Research Foundation
<http://www.jdrf.org>

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