For information on diabetes, or to be referred to a diabetes-health professional and/or a dietitian in your area, contact any of the following resources.

**Centers for Disease Control and Prevention**
800-CDC-INFO | 800.232.4636 | TTY: 888.232.6348
http://www.cdc.gov/diabetes/

**National Diabetes Information Clearinghouse (NIH)**

**MedlinePlus (NIH)**

**American Diabetes Association**
800-DIABETES | 800.342.2383
http://www.diabetes.org

Find your local ADA office: http://www.diabetes.org/in-my-community/local-offices/
Florida Offices of the American Diabetes Association
JACKSONVILLE
888-DIABETES | 904.730.7200

MIAMI
305.477.8999

FORT LAUDERDALE
954.772.8040

ORLANDO-MAITLAND
407.660.1926

TAMPA AND SOUTHWEST FLORIDA
813.885.5007

Florida Department of Elder Affairs
Elder Help Line: 800-96ELDER | TTY: 800.955.8771

Elder Helpline index by county
http://elderaffairs.state.fl.us/doea/elder_helpline.php

Consumer Resource Guide (by county)
http://elderaffairs.state.fl.us/doea/resource_county.php

NIH SeniorHealth
http://nihseniorhealth.gov/diabetes/diabetes-defined/01.html

UF/IFAS Extension Offices
Your local UF/IFAS Extension agent may offer diabetes prevention and/or management classes. Find the number for your local UF/IFAS Extension office in the blue pages of the phone book under Cooperative Extension Service. In Florida, locate your local UF/IFAS Extension office online at http://www.solutionsforyourlife.ufl.edu/map.