

Reduction of the Impact of Fertilization and Irrigation On Processes in the Nitrogen Cycle in Vegetable Fields with BMPs¹

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The nitrogen (N) cycle is a set of transformations that affect N in the biosphere. Through a series of microbial transformations in the soil, N is made available to vegetable crops. Thus, knowledge of this cycle by which N passes from air to soil to organisms and back to air, and how the components of the cycle are affected by human activities, is required to design effective strategies for decreasing undesirable losses of N from vegetable production to the environment.

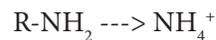
Adequate management of fertilization and irrigation has always been recognized as one of the keys to successful vegetable production in Florida. Thus, fertilization and irrigation practices have aimed at supplying enough nutrients and water to ensure economical yields. Since up to 200 lbs/A of exogenous N are recommended for vegetable production in Florida, and fertilizer use efficiency seldom exceeds 75%, it is likely that fertilization affects the N cycle. Best Management Practices (BMPs) aim at reconciling the needs of economical vegetable crop production with those of environmental protection. Effective BMP implementation, therefore, requires an understanding of how current cultural practices affect certain processes in the N cycle in commercial vegetable fields. It is likely that a complete understanding of these issues by farmers and vegetable professionals will be a prerequisite for the success of the BMP program.

The goals of this article are to (1) present the N cycle as it relates to crop production, (2) describe how fertilization and irrigation affect the processes within N cycle, and (3) explain how the proposed BMPs may help reduce the negative environmental impact of these cultural practices.

The Nitrogen Cycle in a Typical Ecosystem

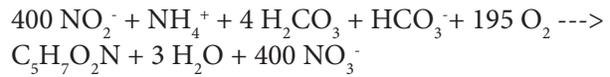
Because the N cycle is a “cycle”, it has no clear beginning and no end (Pidwirny, 2002). Hence, for the sake of presentation, this description of the cycle starts with N in the soil organic matter where N is in the form of amino acids, proteins, and nucleic acids (Fig. 1). In the soil, N found in decomposing organic matter may be converted into inorganic N forms by soil microorganisms (bacteria and fungi) in a process called mineralization (step 1). These bacteria and fungi, also called decomposers, may be found in the upper soil layer. They chemically transform the N found in organic matter from amino-N (NH_2) to ammonium (NH_4^+) (Pidwirny, 2002).

Step 1: Organic matter ---> Ammonium



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These equations highlight two important points: nitrification requires oxygen and it affects bulk soil pH. First, approximately 4.3 mg O₂ are consumed for every mg of NH₄⁺ oxidized into NO₃⁻. Second, a quite substantial amount of alkalinity in the form of HCO₃⁻ is consumed when NH₄⁺ is oxidized, thereby, indirectly decreasing soil pH (Anon., 1999).

The rate of step 3a (NH₄⁺ transformed to NO₂⁻) is slower than that of step 3b. Hence, NO₂⁻ does not normally accumulate in soils, but NO₃⁻ may. Because NO₃⁻ has a negative charge, it may not be adsorbed onto the soil colloids. As most NO₃⁻ salts (such as potassium nitrate, calcium nitrate, magnesium nitrate) have high solubility (high K_{sp}), most NO₃⁻ stays in the soil solution.

If NH₄⁺ is neither adsorbed onto soil colloids nor transformed in NO₃⁻, it may be volatilized (step 3c). However, this occurs rather in agricultural ecosystems where fertilizers (urea and manure) are added, than in undisturbed ecosystems.

Step 3c: NH₄⁺ in the soil ---> NH₃ in the air

Nitrate and NH₄⁺ in the soil solution are the most common forms of N taken up by vegetable crops. Nitrogen uptake is the most important step of the N cycle in vegetable production.

Step 4a: Ammonium in solution ---> Ammonium inside the root

NH₄⁺ aqueous ---> NH₄⁺ inside the root

Nitrate in solution ---> Nitrate inside the root

NO₃⁻ aqueous ---> NO₃⁻ inside the root

In plant nutrition, N is an essential element. Nitrogen is involved in the composition of all amino acids, proteins and many enzymes. Nitrogen is also part of the puric and pyrimidic bases, and therefore is a constituent of nucleic acids (Mills and Jones, 1996). Typically, N content in plants ranges between 1.0% and 6.0% of the dry weight in leaf tissues (this means that 1 to 6 g of N may be found in 100g of dry tissue). Under N shortage, plants grow slowly and are weak and stunted (Mills and Jones, 1996).

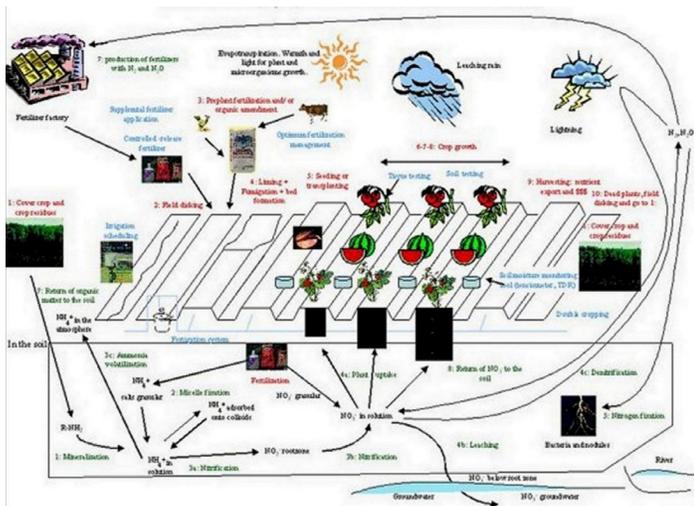


Figure 1. Impact of fertilization, irrigation and other cultural practices in vegetable fields (in red) on the steps of nitrogen cycle (in green) with best management practices (in blue).

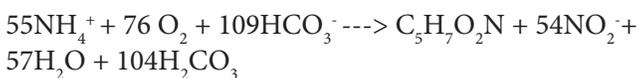
Nitrogen in the form of NH₄⁺ can then be adsorbed (step 2) onto the surfaces of clay particles in the soil. The NH₄⁺ ion that has a positive charge may be held by soil colloids because they have a negative charge. This process is called micelle fixation (Pidwirny, 2002).

Step 2: Ammonium in solution ---> absorbed ammonium ---> ammonium back into solution

NH₄⁺ aqueous ---> NH₄⁺ soil colloid ---> NH₄⁺ aqueous

As this fixation is reversible, NH₄⁺ may be released from the colloids by way of cation exchange. When released, NH₄⁺ may be chemically altered into nitrite (NO₂⁻) by a specific type of autotrophic bacteria belonging to the genus *Nitrosomonas* organisms. *Nitrosomonas* can synthesize their own organic N compounds from inorganic N sources (step 3a). Then, NO₂⁻ may be quickly converted into nitrate (NO₃⁻) by another type of bacteria belonging to the genus *Nitrobacter* (step 3b). Both of these processes involve chemical oxidation and together are known as nitrification (Pidwirny, 2002; Mahendrappa et al., 1966). Both bacteria utilize the energy released by the oxidation of N compounds in their metabolism of which NO₂⁻ and NO₃⁻ are by-products of their metabolic pathways. This 2-step process involves a complex series of reactions that can be summarized as:

Step 3a: Ammonium in solution ---> nitrite in solution



Step 3b: Nitrite in solution ---> Nitrate in solution

Nitrate and NH_4^+ should be regarded as two different nutrients because they affect plant metabolism differently. Nitrate is negatively charged, while NH_4^+ is positively charged. As nutrient uptake is a process that is electrically neutral, it does not involve any net change in plant electric charge. The absorption of NO_3^- requires the concomitant uptake of a cation or the release of an anion (OH^- or organic acid). Similarly, the absorption of NH_4^+ when the accompanying ions are H^+ or OH^- , affects soil pH. Hence, NH_4^+ uptake may depress the uptake of the essential cations (K^+ , Ca^{2+} , Mg^{2+}).

Another difference between NO_3^- and NH_4^+ is that NO_3^- may be stored in the plant before it is used, whereas NH_4^+ needs to be detoxified. Ammonium must be rapidly incorporated into organic molecules because free NH_4^+ disrupts the photosynthesis mechanism by uncoupling redox reactions and affecting the photosynthetic membrane stacks (grana) in chloroplasts. On the contrary, free NO_3^- is not toxic and it can be stored in the plant until utilized or incorporated into organic molecules by the light-activated enzyme nitrate reductase (NR), after being reduced into NH_2 group. Reduced NO_3^- is added to a glutamic acid residue in a transamination reaction that generates glutamine (Mengel and Kirkly, 1987; Mills and Jones, 1996). Differences in NO_3^- and NH_4^+ effects on plant growth can be summarized in the old saying: “ NH_4^+ greens a plant, while NO_3^- grows a plant.”

Consequently, an optimum $\text{NO}_3\text{-N} : \text{NH}_4\text{-N}$ ratio exists for vegetable production. The optimum $\text{NO}_3\text{-N} : \text{NH}_4\text{-N}$ ratio for vegetables grown in hydroponics is 75 : 25 (Marti and Mills, 1991; Sasseville and Mills, 1979; Simonne and Mills, 1991). When NH_4^+ is the dominant form of N available for plant uptake, a smaller plant will result. When the root system is in fact overloaded in its ability to detoxify absorbed NH_4^+ , then NH_4^+ will be translocated to the top portion of the plant. There, carbon sources otherwise used for leaf and stem growth are instead used into detoxification of the NH_4^+ . Protein synthesis pathway dominates the production of the cell wall (Mills and Jones, 1996; Marti and Mills, 1991; Sasseville and Mills, 1979).

If NO_3^- is not taken up by the roots, it can be transported below the root zone and leached (step 4b) or denitrified (step 4c). As NO_3^- is soluble in water, it is easily leached from the root zone by excessive rainfall or irrigation (step 4b). In Florida sandy soils, the bottom of the root zone is typically 12 inches for shallow-rooted crops and 3 feet for deepest rooted vegetable crops. The actual rooting depth of vegetables may be limited by the presence of compaction layers, acidic layers, or a spodic horizon.

Step 4b: Nitrate in the root zone ---> Nitrate in the groundwater

NO_3^- in the root zone ---> NO_3^- in the groundwater

Because the water holding capacity of Florida sandy soils is typically 10% (v:v), the top 12 inches soil can hold 1 inch of water. Hence, rainfall of 3 inches in 3 days, or 4 inches in 7 days are considered to be leaching rains that take NO_3^- below the root zone (Simonne and Hochmuth, 2003 b).

Once below the root zone, NO_3^- easily enters the hydrologic system. Karst geology is commonly found throughout Florida. A sand layer of variable thickness covers a limestone base (Fig. 2). Through repeated wet/dry cycles, limestone slowly dissolves, creating swales and sinkholes. Through sinkholes, leaching rain is directly in contact with groundwater and is not filtered; NO_3^- may be found in underground water, springs and in the streams.

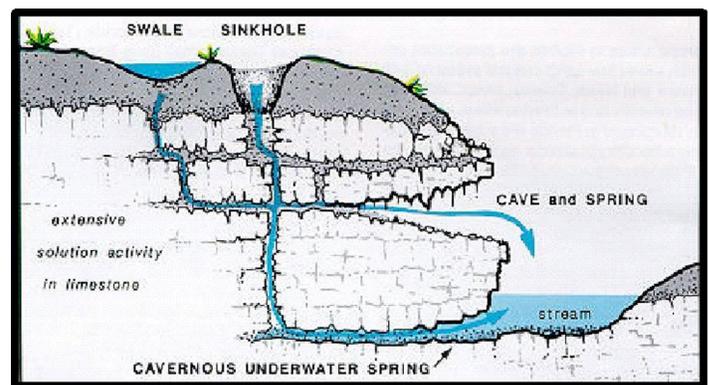


Figure 2. Connection of surface water with groundwater through swales and sinkholes in karst geology found in Florida.

Elevated NO_3^- concentration in ground water has been associated with water quality/health issues and eutrophication. First, short-term exposure to drinking water with a NO_3^- - N concentration above 10 mg/L $\text{NO}_3\text{-N}$ is a potential health problem primarily for infants. Their immature digestive systems are more likely than adult digestive tracts to allow the reduction of NO_3^- to NO_2^- . In some rare cases, the presence of NO_2^- in the digestive tract of newborns has lead to a disease called methemoglobinemia or “blue baby” syndrome (McCasland et al., 1998).

The second impact of NO_3^- on water quality is when it accumulates into waterways and causes the eutrophication of N-limited ecosystems. Eutrophication is a condition in an aquatic ecosystem when exogenous quantities of the limiting factor (N in north Florida and P in South Florida) result in algae blooms.

NO_3^- in waterways ---> NO_3^- in algae blooms

Algae blooms cloud the water making it difficult for larger submerged aquatic vegetation (SAV) to get enough light and compete for dissolved oxygen. The SAV may dieback thereby reducing available habitat of aquatic animals, which in turn affects the whole food chain in the aquatic ecosystem. In addition, algae blooms increase the Biological Oxygen Demand (BOD), thereby competing with other aquatic animals.

Nitrate that is neither taken up by the plant nor leached may be denitrified. Denitrification (step 4c) occurs commonly in anaerobic soils and is carried out by heterotrophic bacteria. This kind of bacteria must consume energy-rich organic molecules for survival. The most common denitrifying bacteria include several species of *Pseudomonas*, *Alkaligenes* and *Bacillus*. The process of denitrification involves the reduction of NO_3^- into dinitrogen (N_2) or nitrous oxide (N_2O) gas. Both of these gases then diffuse into the atmosphere (Pidwirny, 2002). No oxygen is required for this process that occurs in anoxic conditions. On the contrary, oxygen is produced and may be used by nitrifying bacteria in other layers of the soil. Denitrifying bacteria use N as the final electron acceptor in their metabolism. Denitrified N in the form of N_2O or N_2 forms joins the largest store of N in the cycle found in the atmosphere (Shroder, 1981). The atmospheric store is estimated to be approximately one million times larger than the total N contained in all living organisms.

Step 4c: Nitrate in soil ---> N oxides gases in the atmosphere + Oxygen

NO_3^- in soil ---> N_2O and N_2 forms in the atmosphere + Oxygen

Dinitrogen in the atmosphere may return to earth by three ways: rain (step 5a), fertilizer production (step 5b), or N fixation (step 5c). Small proportions of atmospheric N_2 return to the soil in rainfall or through the effects of lightning; an estimated 10^{13} g per year of N_2 (22,000 Million lbs per year of N_2) are fixed and transformed in ammonia by lightning (Kimball, 2003). Nitrogen fertilizers are produced by condensation of N_2 and H_2 which produces NH_3 (Haber-Bosch process; Anon., 2003b).

Step 6: Dinitrogen + Dihydrogen ---> Ammonia + energy

$\text{N}_2(\text{g}) + 3\text{H}_2(\text{g}) \text{--->} 2\text{NH}_3(\text{g}) + \text{energy}$ (Anon b, 2003)

The bulk N_2 returned to earth, however, is biochemically fixed in the soil by specialized micro-organisms like bacteria, actinomycetes, and cyanobacteria. This process is

called nitrogen fixation (step 5). It may occur in plants that harbor nitrogen-fixing bacteria within their root nodules. Free-living bacteria may also fix N_2 , but on a smaller scale. The amounts of N fixed by free-living, non-photosynthetic bacteria in the soil may achieve an approximate maximum of 15 kg/ha/year (13.4 lbs/A/year).

Step 5: Dinitrogen in the air ---> Ammonia for the plant

N_2 in the air ---> NH_3 for the plant

Biological nitrogen fixation can be represented by the following equation, in which two units of ammonia are produced from one unit of nitrogen gas, at the expense of 16 units of ATP (energy) and a supply of electrons and protons (hydrogen ions):

Step 5: $\text{N}_2 + 8\text{H}^+ + 8\text{e}^- + 16 \text{ATP} \text{--->} 2 \text{NH}_3 + \text{H}_2 + 16\text{ADP} + 16 \text{Pi}$ (Anon, 2003a)

The low N contribution of the free-living, non photosynthetic bacteria, is the result of limited availability of suitable organic substrates (energy sources) and low bacterial populations in the soil environment. Nitrogen fixation is characteristically higher in tropical soils, where substrate availability, temperature and moisture are more favorable to the maintenance and activity of an actively growing bacterial population (Hubell and Kiddler, 1998).

The best-studied example of N fixation is the association between legumes and bacteria in the genus *Rhizobium*. The main legume crops commercially grown in Florida are peanuts (*Arachis hypogaea*), snap bean (*Phaseolus vulgaris*) and pink-eyed and black-eyed pea (*Vigna unguiculata*). These *Rhizobium* and legumes are able to survive independently (soil nitrates must then be available to the legume), but this association is beneficial to both organisms. In exchange for some N, bacteria receive carbohydrates from the plants. Special structures (nodules) in roots allow them to be connected with the roots of the plant. Scientists estimate that biological fixation globally adds approximately 140 million metric tons of N to soil and sea ecosystems every year. However, the actual amount of N fixed in each ecosystem depends on the environmental conditions and the nature of biological system(s) present, which are capable of N fixation. Nitrogen fixation rates may vary from almost 0 up to 1,000 Kg/ha/year (892 lbs/A/year) (Hubell and Kiddler, 1998).

The last step of the N cycle is the return of organic matter to the soil (Step 7). Organic matter returns to the soil in the form of crop residues, incorporation of cover crops, and/

or organic amendments such as compost or manure. This organic matter will be mineralized and then, follow the steps of the cycle again.

The N cycle described above, (from the mineralization of organic matter to the return to the soil of organic matter) occurs in an undisturbed ecosystem. However, higher vegetable yields may be achieved with intensive production practices, fertilization and irrigation. Therefore, vegetable production may affect some steps of the N cycle.

Impact of Fertilization, Irrigation and Other Production Practices Used for Vegetable Production on the Processes in the Nitrogen Cycle

Vegetable production does not alter the N cycle. Instead, vegetable production may change the relative importance of some parts of the N-cycle. Cultural practices affect the N cycle in vegetable fields either directly by (1) modifying soil microorganism population (fumigation), (2) adding N to the root zone (fertilization), (3) affecting water movement (irrigation), or indirectly by changing temperature (mulching), pH (liming) or adding organic carbon source into the root zone (cover crop).

Soil fumigation is a chemical or physical process that kills viable weeds, seeds, soil-borne pathogens (mainly *Phytophthora* and *Pythium* species) and nematodes (rootknot, ring or sting species).

For approximately 30 years, the vegetable industry in Florida has relied on methylbromide and chloropicrin mixture as broad-spectrum soil fumigants. With the complete phase out of methyl bromide by 2005 in the US as a part of the Vienna convention for the protection of the ozone layer (Anon., 1985) modified by the Montreal (Anon., 1987) and Kyoto (Anon., 1992) protocols, alternative fumigants, such as metam sodium (sodium-N-methyldithiocarbamate), metam potassium (potassium-N-methyldithiocarbamate) and 1,3 dichloropropene (Telone) are under evaluation (Motis and Locascio, 2002; Locascio and Dickson, 2002; Hochmuth and Davis, 2002). Because they are biocides, these soil fumigants kill not only pathogenic microorganisms, but also beneficial soil microorganisms, including *Nitrosomonas* and *Nitrobacter* which are responsible for nitrification. It is estimated that soil microorganism populations reach their pre-fumigation levels approximately 2 to 3 weeks after fumigation. Therefore, soil fumigation, regardless of the type of fumigant used, slows nitrification,

which results in less NH_4^+ being converted into NO_3^- (step 3a, 3b) (Fig. 3). The decrease in nitrification after fumigation suggests that producers using fumigants may need to adjust their starter fertilizer applications on vegetable crops and apply N in the NO_3^- form rather than the NH_4^+ form. Nitrate is then available for the vegetable crop (Welsh et al., 1996).

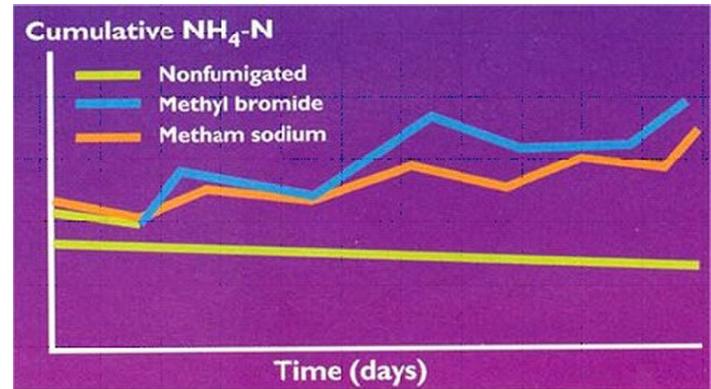
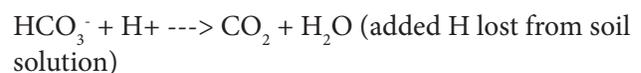
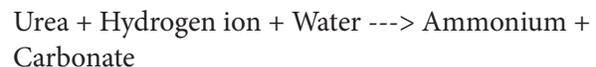
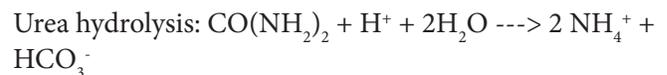


Figure 3. Effect of soil fumigation on the level of NH_4^+ converted into NO_3^- , during nitrification process.
Credits: Source: Welsh et al., 1996.

Fertilization is the second cultural practice that directly affects the N cycle in the root zone of vegetable crops. Fertilization affects not only plant uptake, but also mineralization, nitrification, and denitrification and ammonia volatilization (Table 1). When fertilizers or salts are added to the soils, microorganisms compete with vegetable crops for NO_3^- and NH_4^+ . Thus, additions of fertilizers increase formation of the final product of each process described above by increasing the activity of bacteria. Typical N fertilizer efficiency ranges only between 40% and 60%. The equation of urea hydrolysis shows how losses can occur, particularly of ammonia.



During hydrolysis, soil pH can increase above 7 because the reaction requires H^+ from the soil system. In alkaline soils, less H^+ is initially needed to drive urea hydrolysis on a soil already having low H^+ . In an alkaline soil, removing more H^+ (from a soil solution already low in H^+), can increase pH even higher (Anon, 2003e).



Irrigation is the third factor that affects the N cycle and most vegetable crops grown in Florida are irrigated. Although average total rainfall is 50 to 56 inches/year in Florida, rainfall distribution is not adequate for vegetable production and irrigation must be used. In addition, rainfalls of more than 1 inch/day are common, which may create temporary anoxic (anaerobic) conditions in flooded soils. By creating anoxic and then dry conditions, irrigation and rainfall may affect each process of the N cycle, from mineralization to N fixation (Table 2). In plasticulture systems, it has been estimated that an irrigation of 24 gal/100ft results in an inch vertical movement of the water front in a Lakeland fine sand.

Other common cultural practices used in vegetable production and that indirectly affect the N cycle include plastic mulching, cover crops, and liming.

Polyethylene mulch has been used for commercial vegetable production in Florida for more than 30 years. There are approximately 70,000 acres of mulched vegetables in Florida, ranking it near the top of the US for this production method. Mulching is used because it creates a physical barrier to weeds, it reduces erosion and increases soil moisture and temperature. Thus it influences processes of the N cycle that are temperature dependant (Table 3).

Cover cropping is another cultural practice that indirectly affects the N cycle. Growers use cover crops because they reduce erosion, add organic matter (OM) and N (legume cover crops) to the soil, and because, in some cases, they reduce populations of nematodes. Cover crops also trap residual soil N and reduce N loss to ground water. Finally, the addition of OM and N (from the cover crop or from crop residues) creates a favorable environment for microbial growth (Wang et al., 2002) and may temporally increase soil water holding capacity of the soil.

Mineralization is affected by the C:N ratios of organic amendments (Table 4). Materials rich in N (having a low C:N ratio) favor mineralization (residues of legumes, animal slurry or organic fertilizer based on blood or other proteins). Those with a low content of N (elevated C:N ratio such as cereal straw) favor immobilization, because such materials contain too little N, at least in readily decomposable form, to satisfy the requirement of the microbial population responsible for their decomposition (Haynes, 1986 b). When organic residues with a high C:N ratio (sawdust 400:1, oat straw 80:1) are added to agricultural soils, extra fertilizer N should be added concomitantly in order to lower the C:N ratio below 20 to 25 and thus avoid

net immobilization and consequent N deficiency in the vegetable crops (Allison, 1973).

Mineralization is not the only process influenced by addition of OM. Carbon supply (from cover crop, crop residues, or organic amendments) affects denitrification directly by supplying the necessary substrate for growth of denitrifiers and indirectly through the consumption of O_2 by other microorganisms that deplete O_2 in the soil. When OM is added to the soil, it increases C levels and could potentially result in increasing denitrification (Haynes, 1986 b).

Lastly, the presence of a cover crop can decrease the level of nitrate leaching. A lack of vegetation (fallow) for at least part of the year is a key factor stimulating NO_3^- leaching from arable cropping systems. A major source of ground-water NO_3^- from agriculture land can originate from post-harvest mineralization of crop residues, rather than from the fertilizer itself. Mineralization usually continues after uptake by an arable crop has ceased, causing a considerable accumulation of nitrate during the late summer and early winter. Only a fraction of this residual fertilizer is absorbed by the following crop, and the remainder is available to leach during the following months. When land is left fallow, after being cropped, leaching can be a particular problem due to rainfall (Powelson, 1993). Therefore, mulching, establishment of cover crops, and crop residues have a direct positive impact on the N cycle.

Liming is the third cultural practice that indirectly affects the N cycle. Lime is applied to (a) eliminate toxicities of Al^{3+} and Mn^{2+} , (b) supply adequate levels of Ca^{2+} and Mg^{2+} , (c) facilitate the utilization of water, and (d) increase soil pH and create conditions which maximize the availability of the essentials nutrients. In addition, it is necessary to apply maintenance doses of lime to offset the acidifying effects of NH_4^- -containing fertilizers (Somner and Yamada, 2002). Soil acidity affects the plant root environment, which ultimately affects plant growth and performance. Most plants grow better in slightly acidic soils rather than in strongly acidic soils. When a soil is too acidic for proper plant growth, lime may be applied to reduce the acidity (Kidder, 1999).

Because acidity determines the general chemical environment in the soil, soil pH influences the rate of mineralization, nitrification, denitrification and plant uptake. Each of these processes typically proceeds more readily in a neutral or slightly acidic soil than in a strongly acidic soil (Table 5 and Table 6; Haynes, 1986 a, b, c; Haynes and Sherlock, 1986).

In summary, fertilization, irrigation and several other cultural practices also influence the N cycle. Their effects on it may be favorable. However, these practices may alter the cycle as well. The main disturbance comes from NO_3^- leaching. Nitrate leaching largely depends on environmental effects and on water movement. Consequently, NO_3^- leaching may be difficult to control. Intensive irrigation or excessive rainfall may be responsible for important leaching losses. Nutrient BMPs and irrigation scheduling aim at reducing the impact of vegetable production on the N cycle while maintaining or increasing productivity.

How Water and Nutrient-Management BMPs Can Reduce the Undesirable Side Effects of Cultural Practices on the Nitrogen Cycle in Vegetable Fields

Programs to minimize nonpoint source pollutants on surface and groundwater originated in the Water Pollution Control Act of 1948 and were formally established with the Federal Clean Water Act (FCWA) of 1977. Section 303(d) of the FCWA requires states to identify impaired water bodies and establish total maximum daily loads (TMDL). A TMDL is a calculation of the maximum amount of a pollutant that a water body can assimilate from point or non-point sources and still meet water quality standards for its intended use (fishing, swimming, and drinking). TMDL involve quantitative analyses of water bodies where one or more water quality standards are not being met, and are aimed at identifying the management strategies necessary to attain those water quality standards. Under section 303(d) of the Clean Water Act, every two years each state must identify bodies that do not meet water quality standards. Water bodies are “water quality-limited” estuaries, lakes, and streams that fall short of surface water quality standards, and that are not expected to improve within the subsequent two years (Anon, 2003e).

Florida has acted to protect water resources through another act, the Surface Water Improvement and Management (SWIM) Act passed in 1987 by the Florida legislature. The SWIM act directed the state to develop management and restoration plans for preserving or restoring priority water bodies. The legislation designated a number of SWIM water bodies including Lake Apopka, Tampa Bay, Indian River Lagoon, Biscayne Bay, St. Johns River, Lake Okeechobee, and the Everglades. Vegetable producing areas are often close to these water bodies. The goals of this act are to protect water quality and natural systems,

create governmental and other partnerships, and manage watersheds (Anon, 2003d).

In Florida, water and fertilizer management are inextricably linked. Changes in one will almost inevitably affect the efficiency of the other. The goal of proper water management is to keep both the irrigation water and the fertilizer in the root zone. Therefore, knowledge of the root zone of a particular crop is needed so that water and fertilizer inputs can be managed properly throughout the season (Anon., 2003e).

Best Management Practices (BMPs)

Best Management Practices (BMPs) are specific cultural practices that aim at reducing the loads of specific compounds while increasing or maintaining economical yields. The implementation of BMPs may be key in reducing the consequences of alterations of the N cycle in vegetable fields. Implementation of BMPs at the farm level is a key to maintaining the quality and the quantity of ground and surface waters. In most cases, BMPs have been determined to be effective for reducing or preventing pollution. The *Florida Vegetable and Agronomic Crop Water Quality and Quantity Best Management Practices Manual* (Anon., 2003c) will regulate the 142,000 ha, \$1.4 billion vegetable industry in Florida (Witzig and Pugh, 2001). The seven sections of the manual are Pesticide Management, Conservation Practices and Buffer, Sediment Control, Irrigation and Nutrient Management, Water Resources, Seasonal and Temporary Farming Operations, and Record Keeping and Accountability. Each section is divided into specific BMPs. Each BMP description is 2 to 3 pages long, consisting of a title, pictures, working definition, set of things to do (BMPs), things to avoid (potential pitfalls), supplemental technical criteria, and references (Hochmuth, 2000; Simonne et al., 2003; McCasland et al., 1998).

BMPs should help at reducing the negative impact of cultural practices, particularly on water quality (Table 7). The expected impacts on water quality may be direct or indirect and may lead to different environmental benefits.

Research and growers have helped determine some of the major water and nutrient management practices (Table 8). This information can be used on vegetable farms to ensure that fertilization results in economically viable production without measurable negative impacts on the environment and alteration of the N cycle.

This article, has described how cultural practices may influence the steps of the N cycle. They can affect it directly

by fertilization, irrigation or fumigation. Other cultural practices such as liming, mulching, establishment of cover crops also affect the cycle but indirectly. These practices create conditions that may or may not be favorable to the N cycle. However, with the emergence of the BMPs, some remedies against alteration of the cycle seem to give impressive results. The different processes of the nitrogen cycle, how fertilization, irrigation and other cultural practices affect them and finally the possible remedies brought about by the BMPs, are summarized in Table 9. BMPs are interconnected and unseparable. They have an indirect effect on water quality. Hence, BMPs should be used together, and the weakest BMP will determine the efficiency of the entire BMP plan.

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Table 1. Processes of the N cycle affected by nitrogen fertilization.

Processes affected by fertilization	Enhanced by	Reduced by
Mineralization	<ul style="list-style-type: none"> - Addition of cations, whose ability to stimulate mineralization follows the same order as their replacing power on cation exchange sites in soils. $Al^{3+} > Fe^{3+} > Ca^{2+} > Mg^{2+} > K^{+} > Na^{+}$ (Singh et al., 1969; Broabent and Nakashima, 1971; Agarwal et al., 1971; Westerman and Tucker, 1974; Heilman, 1975; Laura, 1977) - Adequate source of C and N for microbial growth. - O_2 - High temperature 	<ul style="list-style-type: none"> - Fertilization may influence the activities and population diversity of the microbial biomass through changes in microbial environment.
Nitrification	<ul style="list-style-type: none"> - Addition of NH_4^+ or NO_2^- increases population of nitrifiers (Jones and Hedlin, 1970) 	<ul style="list-style-type: none"> - Nitrification inhibitors: High concentration of NH_4^+ ($> 800\mu g N/g$ of soil) inhibit activity of microorganisms
Dentrification	<ul style="list-style-type: none"> - Influence on the proportion of gas produced. At high concentration of NO_3^-, N_2O is the predominant gas (Blackmer and Bremner, 1978) 	
Plant uptake	<ul style="list-style-type: none"> - Split application of granular fertilizer (2 or 3 side-dresses) - Weekly or daily fertigation schedules (for drip irrigation and plasticulture; Simonne and Hochmuth, 2003a) - Controlled-release fertilizers (CRFs) - Actively growing root system 	<ul style="list-style-type: none"> - NH_4^+ has an inhibitory effect on NO_3^- uptake. - Lack of oxygen in the rootzone - Low N levels and higher C in the soil
Ammonia volatilization	<ul style="list-style-type: none"> - Application method, such as, no incorporation of fertilizers (manure and urea). - Manure characteristics, such as dry matter content - Application to soils of fertilizers with low cation exchange capacity - High rates of N fertilizer (>100 lbs N/a) (Combs, 2000). - Ammonia volatilization accounts for 5.5% to 12.8% of applied N as NH_4^+-N or urea respectively, without additional air circulation of the mean natural wind speed. The losses increased to 33.3% with maximum rates volatilization occur within 5 days after fertilizer application (Mattos et al., 2003; Sullivan et al., 2003). 	<ul style="list-style-type: none"> - Incorporation of fertilizer. When manure is incorporated, NH_4^+ can attach to soil exchange sites thus slowing or stopping the reactions leading to NH_3 (Combs, 2000).

Table 2. Processes of the N cycle affected by irrigation.

Processes affected by irrigation	Enhanced by	Reduced by
Mineralization	<ul style="list-style-type: none"> - The optimum soil moisture for mineralization is between -10 and -50KPa, close to the recommended Soil Water Potential range for vegetable (Myers et al., 1982) - Alternation of dry and wet period. It exposes organic matter that was not previously accessible to microbial decomposition, by physically disrupting the soil aggregates. It allows the release of NH_4^+. 	<ul style="list-style-type: none"> - Low moisture content (at moisture potentials from -800 to -1500 Kpa). - High soil moisture contents. They create anaerobic conditions (developed when extreme irrigation is applied or when fields are flooded). In that case, mineralization is dependant on anaerobic bacteria, less efficient (Yoshiba, 1975; Campbell, 1978; Patrick, 1982).
Dentrification	<ul style="list-style-type: none"> - Water saturated soil and anoxic conditions. 	<ul style="list-style-type: none"> - Aerobic conditions
Plant uptake	<ul style="list-style-type: none"> - Water is involved in many functions of the plant: It is a solvent for inorganic salts, sugars and organic anions, it is the medium in which all biochemical reactions take place (photosynthesis). - Irrigation scheduling based on demand for water, transpiration rate (ET_0) and crop stage of growth (Kc or CF). 	<ul style="list-style-type: none"> - Under water stress, all the physiological relationship associated with water may be altered (uptake, photosynthesis)
Leaching	<p>Extreme irrigation or rainfall just after the application of fertilizer, particularly when the crop is not able to take it up. N applied to spring crops at the time of sowing, remains in the soil for several weeks before uptake begins. Nitrate is then at greater risk of lost than that from equivalent application to crops that are already established. Studies on agricultural lands have indicated that leaching of applied fertilizer N can be substantial and that NO_3^--N can move rapidly especially in light sandy soils under intensive irrigation (10–100 kg N/ha (8.9-89 lbs/A) lost with fertilizer inputs of 100-300 kg/ha (89-268 lbs/A) (Simonne et al., 2003)</p>	<ul style="list-style-type: none"> - Proper irrigation scheduling - Rain-free growing season - Increasing soil water holding capacity
N fixation	<ul style="list-style-type: none"> - Healthy bacteria populations - Long root systems - Phosphate fertilization 	<ul style="list-style-type: none"> - When drought stress, the rate of N_2-fixation and the translocation of the products of N_2-fixation to the shoot decrease (Venkateswarlu and Rao, 1987). - When the soil remains flooded, lack of oxygen may reduce nitrogenase activity (Giller, 2001)

Table 3. How polyethylene mulching indirectly affects processes of the N cycle.

Processes affected	How mulching affects the N cycle
Mineralization Nitrification	<p>Mulching improves moisture retention. More uniform soil moisture is maintained (Olson, 2003).</p> <p>Mulching increases soil temperature. It creates the optimum range (25 to 35°C) for microbial activity (Justice and Smith, 1962; Thiagalingam and Kanchiro, 1973; Kowalenko and Cameroun, 1976). The temperature may raise to 50°C under plastic mulch without disturbing indigenous nitrifiers that have temperature optima adapted to tropical areas (Mahendrappa et al., 1966).</p>
Plant uptake	<p>NO_3^- uptake becomes greater than NH_4^+ uptake at around 23°C and increases up to 35°C (Frota and Tucker, 1972).</p>
Leaching	<p>Mulching reduces NO_3^- leaching due to excessive rainfall.</p>
N fixation	<p>Most of the N-fixation bacteria can grow at temperatures up to 40°C. Higher or lower temperatures inhibit N_2-fixation (Giller, 2001).</p>
Ammonia volatilization	<p>As temperature increases above 75°F the percentage of $\text{NH}_3/\text{NH}_4^+$ increases and consequently ammonia volatilization. This increases the partial pressure differences and encourages volatilization (Cowley et al., 1999).</p>

Table 4. The C:N ratios of selected organic materials.

Material	Typical C:N ratio ^b
Microbial tissue	8:1 ^a
Chicken manure	9:1 to 20:1 ^b
Soil humus	10:1 ^a
Green legumes	12:1 ^b
Legume residues	23:1 ^b
Green grass	40:1 ^b
Grain straw/dry grass	80:1 ^b
Pine needles	225:1 ^b
Sawdust	400:1 ^a

^a Source: Volk and Loeppert, 1982.
^b Source: Butler, 2003.

Table 5. How liming indirectly affects processes of the N cycle.

Processed affected by pH	Effects of pH	Effects of liming an acidic soil
Mineralization	- Since mineralization of native soil organic N is carried out by a diverse range of microflora, the process does not show a marked sensitivity to pH (Alexander, 1980). Nonetheless, liming acidic soils often cause an increase in the N mineralization rates (Table 6).	- Acceleration of the decay of plant tissues, simple carbonaceous compounds and soil organic matter (Alexander, 1977). - Increase in mineralization (Nyborg and Hoyt, 1978) (cf Table 6). The greater tolerance of mineralization than nitrification to low pH is reflected in the finding that ammonium is generally the dominant form of N in acidic soils while nitrate predominates in nonacidic soils (Haynes and Goh, 1978; Rorison, 1980).
Plant nutrient uptake	- At pH=4 to 5 maximum absorption of NO ₃ ⁻ occurs (Rao and Rains, 1976), which will result in an increase of rhizosphere pH (efflux of H ⁺ in exchange for NH ₄ ⁺). - At pH=7 to 8 maximum absorption of NH ₄ ⁺ occurs (Rao and Rains, 1976), which will result in a decrease of the rhizosphere pH (efflux of HCO ₃ ⁻ or OH ⁻ in exchange for NH ₄ ⁺).	- Liming to the 6.0 to 6.5 pH range increases the availability of essential nutrients. - Liming reduces the risk of aluminum and manganese toxicity. - Liming adds Ca and Mg to the root zone.
Ammonia volatilization	- As pH increases, the equilibrium ratio of NH ₃ : NH ₄ ⁺ in solution increases, and volatilization is more likely to occur because an increase in NH ₃ in solution results in an inequilibrium between liquid NH ₃ and gaseous NH ₃ .	- Adding lime and increasing the pH increase the NH ₃ : NH ₄ ⁺ ratio.

Table 6. The mineralization of organic nitrogen in 40 soils incubated with or without lime^{z,y}.

Treatment		Organic N mineralized in 120 days	
		Concentration (µg N g ⁻¹)	Percentage of total soil N
No lime	Average	34	1.6
	Range	-1 to 136	-0.1 to 3.8
Lime ^x	Average	72	3.5
	Range	3 to 212	0.4 to 5.6

^z Source: Nyborg and Hoyt (1978)
^y Soils sample ranged in texture from sandy loam to clay, pH (0.1 M CaCl) from 4.0 to 5.6 (average 5.0) and in total N content from 0.076 to 0.458% (average 0.21%).
^x lime added to raise soil pH to 6.7

Table 7. Supporting research, expected impact on water quality and benefits of proposed BMPs for vegetable crops grown in Florida. ²

Proposed fertilization and irrigation BMPs	Supporting research in Florida	Expected impact on water quality	Society, grower, and environmental benefits
Soil Survey	Complete	Remote	Increase overall farming efficiency
Soil testing and soil pH management	Complete	Indirect	Provides basis for adequate nutrient applications
Micronutrient management	Complete	Indirect	Apply adequate amounts and form
Proper use of organic fertilizer materials	Extensive	Indirect	Supply some nutrients; increase soil water holding capacity
Linear bed foot system for fertilizer application	Complete	Indirect	Make adequate fertilizer calculation for plasticulture
Chemigation/fertigation	Complete	Indirect	Increase overall farming efficiency; supply adequate fertilizer/chemical amounts in the bed
Use of controlled-release fertilizer	Very limited	Direct	Supply adequate fertilizer and irrigation amounts; reduce leaching risk
Optimum fertilization management	Complete	Direct	Supply adequate fertilizer amounts
Supplemental fertilizer application	Extensive	Indirect/Adverse	Replace leached fertilizer based on leaf or petiole results
Proper irrigation scheduling	Incomplete	Direct	Reduce leaching risk from irrigation water
Irrigation system maintenance and evaluation	Complete	Indirect	Increase overall farming efficiency; increase irrigation and fertilization uniformity
Water supply	Complete	- Mostly indirect - Direct	- Define water quality parameters for proper irrigation management - Use of back-flow prevention device

Table 8. Major irrigation and nutrient-management practices that aim at reducing the negative consequences of alteration of the N cycle in vegetable fields².

Cultural Practice	Working definition	Things to do: BMPs	Things to avoid: potential pitfalls
Crop Establishment	- Crop establishment is the process by which an initial amount of irrigation water is delivered to a seed or seedling in the fields to ensure that it will become well-established.	- Consider weather forecast. Irrigation-water needs may be smaller. - Consider using drip irrigation and/or tailwater recovery systems, to make good use of irrigation water. - Consider using soil moisture-determination equipment or techniques such as tensiometers so that over-watering of fields is minimized. - Evaluate the different types of soils on your farm.	- Do not leave irrigation pump stations and systems unsupervised during crop establishment. - Do not irrigate for crop establishment during or immediately after a storm event.
Double cropping	- Successive cropping of existing mulched beds is a good practice that makes effective use of polyethylene mulch, soil fumigant and residual fertilizer.	- Be observant for any nutrient deficiencies in the first crop. - Take a representative soil sample in the bed away from any first-crop fertilizer bands. - Use either drip irrigation or an injection wheel to apply the fertilizer. - Apply an amount of N equal to the crops own nutrient requirement as long as N was not applied in excess of the nutrient requirement for the first crop.	- Do not add extra fertilizer when planting the first crop with the misconception that this fertilizer will aid growth at the second crop. - Do not exceed the fertilizer recommendations for the first or second crop.
Tissue testing	- It is the analysis and diagnosis of the plants nutritional status based on its chemical composition. It allows having a more efficient fertilizer management and minimizing impacts on the environment.	- Begin the plant sampling soon after the crop is established and continue at regular intervals.	- Do not sample only one part of the field but different areas, to be more representative.
Fertigation	- Precision application, known as fertigation, follows plant needs more closely than traditional fertilizer methods and helps reduce nutrient leaching.	- Locate the injector so that a minimum amount of water is delivered to the field before the fertilizer reaches the crop. This will reduce the potential of over watering crop with associated leaching. - Use split application to prevent over-irrigation and leaching.	- Avoid excessive irrigation that could cause nutrients to be leached below the root zone.

Table 9. Processes of the N cycle, cultural practices that affect them, irrigation and nutrient BMPs that can reduce the consequence of the alterations of the N cycle.

Step	Nitrogen cycle	Cultural practices that affect the cycle	Irrigation and nutrient BMPs
1	Mineralization	Fertilization Fumigation Irrigation Plastic mulching and bedding Liming Cover-crop and crop residues	Soil survey Soil testing and soil pH Proper micronutrient fertilization Proper use of organic fertilizer materials Fertigation Controlled-release fertilizer (CRF)
2	Adsorption/desorption	Fertilization Cover crops Chicken litter	Optimum fertilization management Supplemental fertilizer application Irrigation scheduling
3	Nitrification	Fertilization Manure Fumigation Irrigation Plastic mulching Liming	Tissue testing Double cropping Crop establishment
4a	Plant nutrient uptake	Fertilization Irrigation Liming	
4b	Nitrate leaching	Fertilization Irrigation Cover-crop Plastic mulching	
4c	Dentrification	Fertilization Irrigation Plastic mulching Cover-crop and crop residues	
5	Nitrogen fixation	Fertilization Irrigation Plastic mulching	