

Florida Foliage House Plant Care: *Adenium obesum*¹

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Introduction

Adenium obesum and its many hybrids are often seen in retail garden centers (Figure 1). They have vibrant floral displays in shades of red, white, pink, and yellow. Flowers average 2–3 inches in diameter and may be single, double, or even triple. The plants must be stationed in high light, 6 hours or more per day, to maintain flowering during the summer. *Adenium obesum* makes a dramatic specimen for a deck or patio but should be moved indoors in winter.

Common name: Desert rose

Scientific name: *Adenium obesum*

Plant family: Apocynaceae (the dogbane family)



Figure 1. *Adenium obesum* 'Blooming Fool' in full flower growing in a 10-inch pot.

Credits: R. J. Henny, UF/IFAS

Indoor/Home/Office Cultivation Information

Light requirement: Bright sunlight. *Adenium* will not flower under low light conditions.

Soil preference: Rich, organic peat or bark-based, bagged potting soil.

Water requirement: Water regularly but do not allow soil to become waterlogged.

Drought tolerant: Yes.

Fertilizer requirements: Apply a low dose of liquid fertilizer according to manufacturer label recommendations weekly during summer growing season.

Salt tolerant: Some salt tolerance.

Temperature preference: Hot, tropical 75°F–95°F.

Chill tolerant (55°F–35°F): Yes, but leaf yellowing and leaf drop may occur.

Freeze tolerant (below 32°F): No. During cold winter months, withhold water from *Adenium* and let the plant rest for 3–4 months. All leaves and flowers will drop, but that is part of their natural cycle. DO NOT let them freeze. When temperatures warm again in spring, water and fertilize *Adenium*. Flowers and foliage will reappear.

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Pests: Mealybugs—Take samples to your local UF/IFAS Extension agent to confirm identification and receive treatment instructions.

Outdoor Cultivation Information

Outdoor year-round planting: Okay for USDA Hardiness Zone 10B–12.

Soil preference: Well drained.

Light requirement: Bright sunlight for maximum flowering.

Water requirement: Irrigate regularly but provide drainage.

Drought tolerant: Yes.

Fertilizer requirements: Apply a well-balanced, slow-release pelletized fertilizer according to manufacturer recommendations during the summer.

Salt tolerant: Some salt tolerance.

Temperature preference: Hot, tropical 75°F–95°F.

Chill tolerant (55°F–35°F): Yes, but leaf yellowing and leaf drop may occur.

Freeze tolerant (below 32°F): No. See note about overwintering above.

Pests: Mites, Aphids—Take a sample to your local Extension agent to confirm identification and receive treatment instructions.

Origin: Sub-Saharan regions in Africa.

Notes: *Adenium obesum* specimens are often “lifted” (root washed) to enhance the caudex (Figure 2). *Adenium obesum* leaves are dark green and glossy compared to other *Adenium* species, such as *A. swazicum* or *A. arabicum* with their gray-green, velvet-textured leaves.

Availability: *Adenium obesum* is often seen in garden centers in 8–10-inch-pots; larger sizes are available from specialty growers.

Additional Resource

Rowley, G. 1999. *Adenium and Pachypodium*. Cactus File Handbook no. 5. Southampton, UK: Cirio Publishing Services.



Figure 2. *Adenium obesum* ‘Red’ that has been “lifted” (root washed) several times to display the sculptural effect of its roots and caudex. Credits: R. J. Henny, UF/IFAS