

# Managerial Feedback, Associate Performance, and Eleven Positive Feedback Rules<sup>1</sup>

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# Introduction

It has been well documented that employee (associate) performance is directly and positively related to supervisory and managerial performance. In fact, managers and supervisors often have more impact on associate job performance than they realize. This suggests that if the work group is not performing up to par (i.e., has the ability to significantly improve performance), the responsibility likely belongs to the management team. Therefore, an important key to improving associate job performance involves improvement

in managerial-supervisory human resource management skills and practices.

More specifically, an important managerial performance area that greatly impacts associate job performance levels involves managerial *feedback*. Given this situation it is important that *all* managers and supervisors recognize the following:

- The three basic and alternative types of feedback that managers can provide to their associates
- Precisely what each type of feedback communicates
- The associate performance responses that are most likely to result from each type of feedback

# Feedback Types and Associate Performance

The managerial feedback types are negative, none, and positive. An examination of each type indicates what each communicates and what worker performance changes are most likely to occur when managers use each type of feedback.

# **Negative Feedback**

Negative feedback obviously communicates manager dissatisfaction with associate performance. Assuming the associate wants to retain his or her job, performance will

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likely improve, but this improvement will likely be only minimum and temporary. That is, after a short time the worker often reverts to the previous unsatisfactory performance level that encouraged the negative feedback. This results in the manager having to again step in with more negative feedback with the same results.

#### No Feedback

Providing no feedback may possibly be the worst course of feedback action for managers. Yet, most associates indicate that their managers have a tendency to ignore their good performance. It may be related to the managerial attitude that "I should not have to praise them for doing their jobs." Without feedback, associates make assumptions about their job performance, and these assumptions may not be consistent with the managerial performance perceptions. Some potential associate interpretations of no feedback may include my performance is okay; my performance must not be important or the manager would say something; and the manager does not care about my performance. No feedback, therefore, does communicate something to associates. The problem is that a manager cannot be certain how his or her associates perceive the lack of communication. Furthermore, it seems likely that performance will remain the same, or decrease, if there is no feedback from the manager.

#### **Positive Feedback**

Positive feedback obviously communicates managerial satisfaction. Under this circumstance the worst result will generally be no change in performance. It is anticipated that positive recognition for good performance will result in performance improvement to a higher productivity level. This often occurs because research (Spitzer 1995) indicates the following:

- Over half (69%) of associates indicated that receiving recognition/praise from their bosses was more motivating than money
- Most (75%) associates indicated that recognition/praise motivates them to do a better job
- Most (75%) associates indicated that managers ignore the good performance of associates
- Most (75%) associates indicated that they can be significantly more productive

# **Positive Feedback Rules**

It has been suggested that given the three managerial feedback alternatives, positive feedback is the only one that will consistently result in the type of performance that managers and organizations want. It is the only type of feedback that will generate and maintain performance *above* the minimum acceptable level. Furthermore, based upon associate feedback, it is generally recognized that most managers do not provide enough positive feedback. There is a managerial tendency to ignore significant amounts of good associate performance. Managers who are committed to increasing their level of positive feedback and not ignoring good performance need to understand basic positive feedback rules.

- *Earned:* Positive feedback must be earned by the associate. Providing positive feedback for unsatisfactory performance will destroy managerial credibility.
- *Immediate*: Positive feedback should be provided immediately after or during the good performance. The longer the time period between the performance and the recognition, the less effective the feedback will be.
- *Personal:* Be personal when providing positive feedback. That is, use the personal pronoun "I" rather than the more impersonal expressions of "we," "the company," etc., which will help positive feedback be perceived as sincere.
- Improvement: Managers should not wait for perfection before providing positive feedback. In fact, any time a manager sees improvement, the improvement should be recognized immediately. Otherwise, without feedback, the improvement may disappear. Please note it is the improvement that is being recognized, not the overall performance level, which may not yet be up to standard.
- *Individualized:* Individual one-on-one positive feedback is more powerful than group or team feedback. This does not mean that managers should not recognize the group for team accomplishments. It only suggests that individual positive feedback should be included in the feedback process.
- Often: Some research (Latting 1992) has suggested that to create an optimal work environment, managers should be providing a positive to negative feedback ratio of 4 to 1 (4:1). What is your feedback ratio? Most managers fall considerably below this ratio and furthermore, much of the positive feedback they do provide is not heard by their associates.
- *Task Specific*: Make positive feedback very task specific. That is, avoid the good-job syndrome because it is too general, lacks specificity, and can more easily be interpreted as lacking in sincerity. By recognizing specific tasks that are being performed satisfactorily, managers have the opportunity to achieve the 4:1 positive-to-negative feedback ratio. Furthermore, when the term

"good job" is used in the recognition process, associates are more likely to assume that all of their job activities are being performed with excellence.

- *Pure*: When providing positive feedback, keep it pure. Do not mix positive with negative feedback via the "but" or "however" words. For example, "You did a good job today, but...". Associates only hear what comes after the "but". They do not remember the first part of the feedback statement. By mixing the positive with the negative, managers do not receive credit for the positive portion, as it tends to fall on deaf ears.
- Vary Timing: Do not allocate a specific time or day (e.g., Friday afternoon) to provide positive feedback. To do so is a violation of the second rule and is likely to be associated with the lack of managerial sincerity.
- Vary Style: Most positive feedback is provided verbally.
  Look for alternative ways to deliver the good news.
  Examples include letters, memos, telephone, email, etc.
- Sincere: Associates have a knack for recognizing when their manager is just going through the motion and is not being sincere. Therefore, for managers to be able to harvest the rewards of providing positive feedback, it is

important that they are genuine, and truly believe in the process.

## **Conclusions**

This article examined the relationship between managerial feedback and associate performance. It identified three types of feedback and what each type communicates. Of the three, positive feedback is the only one that will consistently generate the type of associate performance that managers and organizations want. Using the positive feedback rules, managers can create a work environment whereby associates will be motivated to perform at higher levels of productivity.

### References

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