Birding and Conservation

Belize is home to over 605 bird species. At least 20 percent are migrants, choosing to overwinter in the lush tropics and contributing to incredible avifaunal diversity. In northern Belize, migrants are seen earlier than in other parts of the country, making this area a true birder's paradise. Along the New River and associated marshes, a multitude of birds can be seen. Here we present some of the most common and some of the rarest long-legged wading bird species you may encounter along the way.

Long-legged wading birds are medium to large-bodied birds that are charismatic in both their coloration and behavior. Tied to low water levels (usually <30cm deep), long-legged wading birds are intriguing to watch as they quietly and patiently hunt and stalk prey. These birds generally hunt for small fishes and invertebrates using a variety of techniques, like slow stalking, active chasing, or probing. The calls of these birds are generally not well described in the literature, though some are distinctive, like the limpkin's. Because it can be difficult to distinguish calls, the best way to identify long-legged wading birds is by their physical appearance. We include some call characteristics in addition to plumage description and key measurements of body size (LT) and wingspan (WS) for each species in this fact sheet.

Bird-watching is a major contributor to successful wildlife conservation and enhances the value of important biodiversity and habitats that are being lost to development. Important Bird Areas (IBAs) have been identified in Belize, and portions are located within Protected Areas under local or national management. This fact sheet and your local guide will help you identify and fall in love with some of your wading birds. Enjoy the sights and sounds.

Reference

Jones. H. L. 2004. *Birds of Belize*. University of Texas Press, Austin, TX.

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- This document is WEC425, one of a series of the Department of Wildlife Ecology and Conservation, UF/IFAS Extension. Original publication date April 2020. Visit the EDIS website at https://edis.ifas. ufl.edu for the currently supported version of this publication.
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Wading Birds of Northern Belize¹



April 2020



Agami Heron (*Agamia agamia*)

LT 28 in, WS 40 in. Reclusive, medium-sized heron with short legs and a thin bill. Striking plumage with reddish-brown neck and belly, blue-gray/green wings, and white stripe down foreneck, wispy white feathers on crown, neck, and back. Stalks prey. Rattling call.



Bare-Throated Tiger Heron (Tigrisoma mexicanum)

LT 31 in, WS 45 in. Large heron with black crown and narrow, gray-and-buff striping. Throat is bare, and foreneck is white bordered by black. Solitary, motionless hunter seen standing tall with neck uncoiled in open habitat. Produces a hoarse howk-howk-howk call, and males emit a loud hrrrowwr call at sunset.

Boat-Billed Heron (Cochlearius cochlearius)

nocturnally, leaving roost 30 minutes after sundown to perch

black bill used to scoop prey from shallow water. Forages

over water, often in pairs. Deep squawking call.



Belize. Hoarse chattering voice, bill clatters in breeding.

LT 26 in, WS 40 in. Large, dark brown in color, with a long bill. Uncommon and inconspicuous in brushy swamps seen walking slowly along water's edge searching for apple snails. Usually solitary. Very loud, haunting scream or wail heard mainly at night.

Least Bittern (Ixobrychus exilis)

striped breast and a short black cap. Uncommon and solitary

LT 13 in, WS 17 in. Small, reddish-brown bird with buff-

in marshes. Often seen clinging to reeds watching for fish

quick wingbeats. Song is a low, cooing poo-poo-poo.

below. Sometimes flies short distance just above reeds with

Tri-colored Heron (Egretta tricolor)

open shallow water. Solitary but roosts communally. Actively

chases fish. Long brown neck and bill, dark blue-gray body

and white belly. Moaning, croaking call.

LT 26 in, WS 36 in. Slender, medium-sized bird found in



Limpkin (Aramus guarauna)

water. Powerful, graceful flier. Not abundant but protected in

Jabiru Stork (*Jabiru mycteria*)

wingspan in Neotropics. Black, featherless head and neck

plumage. Forages with open bill when wading in shallow

with flexible red pouch at base. Large, pointy bill and white

LT 55 in, WS 108 in. Tallest bird with second largest

Snowy Egret (Egretta thula)



Glossy Ibis (*Plegadis falcinellus*)

LT 23 in, WS 36 in. Slender, medium-sized bird with reddish-brown body and glossy, blue-green wings. Often appears dark at a distance. Long, curved bill used to probe for prey in muddy pools and marshes. Forages, roosts and nests communally with other wading birds. Nasal grunting voice.



Pinnated Bittern (Botaurus pinnatus)

LT 27 in, WS 55 in. Large, sturdy heron with buffy-brown plumage and cryptic patterning. Rarely seen. Patient hunter. Solitary breeder. Rough rawk-rawk call. At dusk, male call is deep poonk/poonkoo.



LT 40 in, WS 60 in. Very large stork with a white body and black flight feathers. Dark head and neck are bare of feathers. Walks in shallow, muddy pools with submerged bill foraging for fish. Often soars with vultures and roosts in colonies.



Great Blue Heron (*Ardea herodias***)**

LT 46 in, WS 72 in. Largest heron with a gray-blue body, long legs and a long neck that can be coiled or extended. Stands or walks slowly while foraging. Graceful flight with slow wing-beats and arched wings. Call is a deep, hoarse trumpeting or croaking.



Woodstork (Mycteria americana)

Mute except bill-clattering during nest displays.





LT 21 in, WS 30 in. Large, sturdy heron with pale gray wings, buff breast, and brown belly. Large, dark eyes. Broad,









